



AMALTAS UNIVERSITY

AMALTAS INSTITUTE OF NURSING SCIENCES, BANGAR

REPORT ON WORLD ARTHRITIS DAY

- An event titled **World Arthritis Day** was organized by **Amaltas institute of nursing sciences, Dewas** of Amaltas University on **15/10/2025** at **11AM** Of Amaltas Hospital OPD.

The main objective of this event was to Provide Awareness about Arthritis and This year 2025, The **World Arthritis Day** Theme is “**achieve your dream**”.

Details of the Event

- The event began at 11 AM with a warm welcome address delivered by Ms Srishti Pawar Assistant Professor , who greeted the guests and participants and provided an overview of the event’s significance.
- This was followed by *the short introduction regarding world arthritis day*. The Dignitaries present included Dr Sangeeta Tiwari Principal of Amaltas Institute of Nursing sciences , Dr Jaykishan Chouhan and Ms Srishti Pawar they both organizing the event, all the **HOIs and HODs were present in the event of world arthritis day**
- The key message was delivered by, *B.Sc. Nursing 1st year students* who spoke on world arthritis day.

Students highlighted key aspects such as:

- Awareness about rheumatic and musculoskeletal diseases.
- Educating people, the symptoms and prevention measures
- Guiding for the early diagnosis to cope up any further complication.
- Diet plan for arthritis

- Subsequently, the program included **interactive sessions about awareness symptoms and prevention, early diagnosis and diet plan regarding arthritis**. Participants actively took part in act regarding arthritis, which added great value to the event.

Outcomes and Feedback

The event proved to be highly beneficial as it Enhanced knowledge and awareness about arthritis. Many students and faculty members expressed their appreciation for the quality and relevance of the content delivered.

Feedback from participants was overwhelmingly positive, with many suggesting . The event also provided an excellent platform for networking and sharing ideas among students and experts in the field.

Conclusion

In conclusion, the World Arthritis Day was a remarkable initiative Amaltas Institute of nursing Sciences, Dewas, successfully achieving its objectives. The efforts of all B.Sc 1st year students , faculty, and participants were commendable and played a crucial role in making the event a grand success.







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